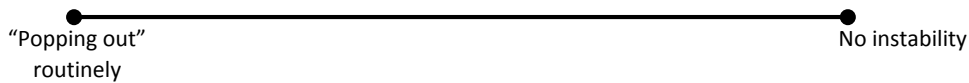
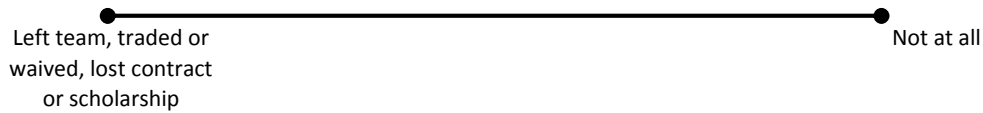




4. How unstable does your shoulder or elbow feel during competition?

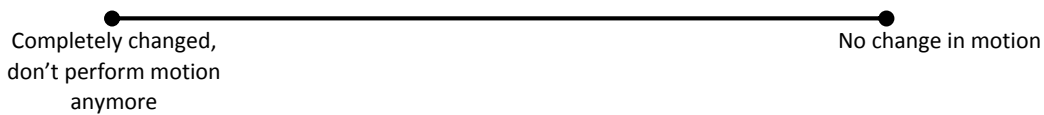


5. How much have arm problems affected your relationship with your coaches, management, and agents?



The following questions refer to your level of competition in your sport. Please answer with an X along the horizontal line that corresponds to your current level.

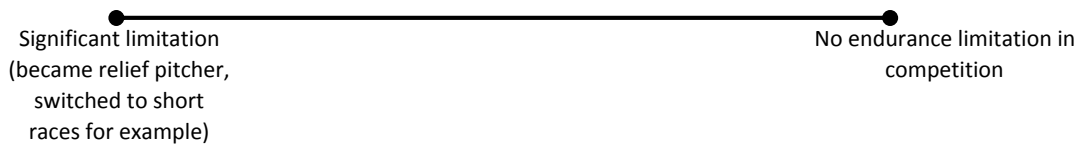
6. How much have you had to change your throwing motion, serve, stroke, etc, due to your arm?



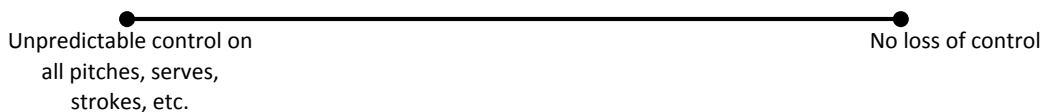
7. How much has your velocity and/or power suffered due to your arm?



8. What limitation do you have in endurance in competition due to your arm?



9. How much has your control (of pitches, serves, strokes, etc.) suffered due to your arm?



10. How much do you feel your arm affects your current level of competition in your sport (ie, is your arm holding you back from being at your full potential)?

