



## Masaaki Tsuruike, PhD, ATC

PhD in Human Performance  
Emeritus, San Jose State University  
Japan Sports Association certified Athletic  
trainer  
FMS Level 1 & Level 2  
SFMA Level 1 & Level 2  
PRI Integration for Baseball

### Education

Doctorate Philosophy, Indiana University in  
2010  
Major: Motor Control, Minor: Neuroscience  
Master of Science, Indiana University in 1996  
Major: Kinesiology  
Bachelor of Physical Education, Osaka  
University of Health and Sport Sciences in 1989

### Professional Experiences

1997-2012: Full-time faculty, Osaka University  
of Health and Sport Sciences  
2011-2012: Full Professor, Osaka University of  
Health and Sport Sciences  
2012-2023: Associate Professor, San Jose State  
University  
2012-2020: Director of Graduate Athletic  
Training Education Program, San Jose State  
University  
2020-2021: CAATE Clinical Education  
Coordinator, San Jose State University  
2023-present: Part-time Lecture, Show  
University

### Profile

More than 90 master students graduated from  
the Graduate Athletic Training Education at San  
Jose State University over the eight years while  
I worked as the program director, the first  
Japanese born faculty member in the relative  
programs in the United State. Meantime, I  
published injury prediction and prevention peer-  
reviewed papers (+20). I have also been the  
Board of Certification (BOC) continuing  
education unit (CEU) approved provider since  
2016.

### Curriculum vitae



### Relevant publications



### Water Holder Co.

Representative  
Established March 27, 2023, and providing  
sports medicine consulting services, seminars,  
and personal training services.  
Location: Bunkyo City, Tokyo, Japan

### Business Overview

Sports training instruction  
Seminars and workshops for professionals  
Providing oversea information in strength and  
conditioning  
Personnel development and professional skill  
consulting  
Research Advising  
Import agency for training machine and device  
Training facility advising  
Strategy oversea marketing

### WEB SITE

<https://water-holder.com>

