



Masaaki Tsuruike, PhD, ATC

PhD in Human Performance
Emeritus, San Jose State University
Japan Sports Association certified Athletic
trainer
FMS Level 1 & Level 2
SFMA Level 1 & Level 2
PRI Integration for Baseball

Education

Doctorate Philosophy, Indiana University in
2010
Major: Motor Control, Minor: Neuroscience
Master of Science, Indiana University in 1996
Major: Kinesiology
Bachelor of Physical Education, Osaka
University of Health and Sport Sciences in 1989

Professional Experiences

1997-2012: Full-time faculty, Osaka University
of Health and Sport Sciences
2011-2012: Full Professor, Osaka University of
Health and Sport Sciences
2012-2023: Associate Professor, San Jose State
University
2012-2020: Director of Graduate Athletic
Training Education Program, San Jose State
University
2020-2021: CAATE Clinical Education
Coordinator, San Jose State University
2023-present: Part-time Lecture, Show
University

Profile

More than 90 master students graduated from
the Graduate Athletic Training Education at San
Jose State University over the eight years while
I worked as the program director, the first
Japanese born faculty member in the relative
programs in the United State. Meantime, I
published injury prediction and prevention peer-
reviewed papers (+20). I have also been the
Board of Certification (BOC) continuing
education unit (CEU) approved provider since
2016.

Curriculum vitae



Relevant publications



Water Holder Co.

Representative
Established March 27, 2023, and providing
sports medicine consulting services, seminars,
and personal training services.
Location: Bunkyo City, Tokyo, Japan

Business Overview

Sports training instruction
Seminars and workshops for professionals
Providing oversea information in strength and
conditioning
Personnel development and professional skill
consulting
Research Advising
Import agency for training machine and device
Training facility advising
Strategy oversea marketing

WEB SITE

<https://water-holder.com>

